March 27th: Focus on Reading Parent workshop – 9am Hall
29th: Good Friday (holiday)

April 1st: Easter Monday (holiday)
4th: Family Fun Day
10th: Parent Teacher Interviews
12th: Last day of term

Principal’s News
Congratulations to our students who competed on Tuesday at the Regional Swimming Carnival. It was a wonderful day for our students with everyone putting in a great effort! Thank you to Mrs Fisher-Graves for her supervision and support of our students on the day.

Throughout the year our students are given the opportunity to participate in a number of activities to foster academic achievement. This year students from Year 2 to Year 6 have the opportunity to take part in the University of NSW International Competitions and Assessments for Schools (ICAS). Students are able to enter one or all of the competitions if they are in Years 3 to 6. Year 2 students are able to participate in English and/or Maths. Permission notes and payment must be returned to school by Thursday 28th March. Notes have been sent home to all families. If you require an additional note these are available at the office.

The Life Education program began this week. Life Education is an important program which addresses many important areas including healthy living, healthy choices and safe decision making. Thank you to Mrs Gawthorne for organising this event and thank you to our Life Education Educator Angela Egan for her support of our school.

Family Fun Day is coming on Thursday 4th April. A fun filled event where our students and their families can enjoy rides, games and fun activities. A detailed note was sent home last week. Additional notes are available in the office. We hope lots of parents and grandparents can join us on the day. We look forward to sharing the fun with everyone!

Students in Year 6 have received their High School Expression of Interest Applications. These applications need to be returned to our school by 22nd March. Parents are asked to carefully complete the applications to ensure their child has a position available to them at high school in 2014.

Parents please note if you are considering applying for enrolment in Talented Sports Programs at Westfield’s Sports High in 2014 for your child you will need to fill in SECTION C - PLACEMENT AT OTHER GOVERNMENT SCHOOLS (specialist government school). In addition you will need to contact the school directly on 02 9604 3333 for an application package. Applications will close on Friday 10 May, 2013.

A reminder to all parents that driving into the school car park is not permitted. Access onto school property is not open to parents or the public. We ask that you park on the street at all times. We are extremely lucky to be situated on a large block with parking available right around the property.

Facts about fractions! If you’ve forgotten 3/5 of primary school maths and 7/8 of high school maths, what’s left? Ah ha! Kids need help
learning how to add fractions too. The only thing left is to print these fact sheets.


Amazing art: Autumn’s the perfect season to take a trip to a gallery. The popular ArtExpress exhibition connects us to the inner lives and self-expression of high school students. Amazing works are on show throughout NSW. Check out the calendar.

Find out more: http://artexpress.artsunit.nsw.edu.au/

Sounding out aloud: Making phonics fun. Help your child learn to read by sounding out their words. Here are some tips to help your child gain confidence reading.


Our school will be closed on Friday 29th March and Monday 1st April for the Easter long weekend. Students return to school Tuesday 2nd April.

Notes that have been sent home recently:
- Focus on reading
- Our spectacular Choir rehearsals
- The Hills Sport High year 7 2014
- Family fun day

A copy of our newsletter can be found on our school website at www.guildfordw-p.schools.nsw.edu.au.

The School Security phone number is: 1300 880 021. If you notice any security issues during the evenings or on the weekends please support our school by ringing School Security and reporting your concerns. Your support is appreciated.

Yours sincerely,
P. Cassimatis
Principal

Woolworths Earn and Learn & Coles School For Sports

We would like to thank all of the families who shopped at Woolworths and Coles and collected tokens and docket for our school. All goods have now arrived. Through your generosity the school received:

From Woolworths:
- 3 x Double Sided Book Stand and Containers
- 3 x Electrical pencil sharpeners
- 12 x Lego Simple Machine sets
- Box of Oil Pastel crayons
- 1 x Smart Heart Pulse Monitor
- 1 x Interactive Telling the Time Software
- 1 pack of Emotions Cards
- 1 x Listening Centre
- 1 x Mr Face Felt Activity Kit
- 1 x packet of white board markers
- Electrical Circuit equipment
  - Crocodile Clips x 50
  - Knife Switches x 10
  - Connecting Cables x 10
  - Lamp Holders x 10
  - Motors x 12

From Coles:
- Softball Catchers helmets x 2
- Disposable Wrist Bands (100 each of Green, Yellow & Red) – to be used for swimming carnivals
- Exyfold Ball Trolleys x 2
- Flexidomes with Wire Holders x 2
- Foam Hoop Stand Pair x 2
- Gibert Pulse Netball
- Cricket Bat
- Cricket Balls x 4
- Playballs x 2
- High Jump Training Flexibar
- Hoop Carry Bag
- Inflator Needles (pack 12)
- Launch Boards with balls x 4
- Netball Bib Set
- Shot Puts x 2
- Shot Put Bag
- Wizzball Whistle
All students appreciate your generosity and look forward to using the new equipment.

**Shave For A Cure**  
On Friday 15th March two of our wonderful teachers participated in Shave for a Cure to raise money for The Leukaemia Foundation. Mr Hawkins coloured his hair blonde and Miss King shaved her hair to raise awareness for this wonderful charity. Your generous donations raised $651. We would like to thank everyone for their support especially the owners of **Pizza King** in Merrylands (Parents of Mason and Zahara- Lee Chakti) for their very generous donation of $200.00. Special congratulations and appreciation go to Miss King and Mr Hawkins for their generosity in supporting The Leukaemia Foundation.

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**Kindergarten News**  
**Sport**  
Thank you to the wonderful Mr Walker and Miss Wheeler for their wonderful support of our grade sport program. We are still on the look out for a few more helpers to assist with this program. It will take just 1 hour of your time (Friday mornings from 9-10am) and you're child will love having you around. Please see your child's teacher if you're able to help.

**Sight word program**  
This week, all kindergarten students received their workbook for our grade sight word program. Please support us by encouraging your child to complete their work and return their book to school EVERY Friday.

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**P & C News**

**Easter Raffle**  
Thank You for all the wonderful Easter Raffle donations that we have already received. If you still have things to bring in Friday is the very last day that we can take them. Please take them directly to the canteen for safekeeping. Raffle tickets and money are also due by Friday 22nd March. If you have not sold your tickets please return them to the office. The raffle will be drawn Tuesday 26th March and winners notified immediately. A list of raffle winners will be published in the next newsletter.

**Mother’s Day**  
P&C will be holding their Mother’s Day stall on Thursday 2nd May which is the second day that students are back at school in Term 2. There are lots of exciting things that will be on sale with prices ranging from $1 to $10. Students will need to bring in their money in a zip-lock bag and have a carry bag in which to take their purchases home. Notes will be going out with the next Newsletter in 2 weeks.

**5 Cent Fortnight**  
The 5 cent fortnight will return in Term 2 so start saving those 5 cent pieces now and you could help your class be the lucky one in your stage winner and enjoy a “PIZZA DAY LUNCH” and have a 5 cent Winner’s Certificate for your classroom. Last year we had a close battle in Term 4 between classes. Let’s see how we go in 2013!

As Easter is nearly here on behalf of the GWPS P&C Association I would like to wish students, parents, teachers and community members very happy Easter blessings.

Thank you  
GWPS P&C Committee
Auburn Zone Swimming Carnival
The Auburn Zone swimming carnival was held on Wednesday, 6th March, 2013. Guildford West entered 23 children at the carnival. It was wonderful to watch our students display great motivation, sportsmanship and support towards other competitors. We also achieved wonderful results. Emily O’Brien was crowned Junior Girl swimming champion, Alexandria Smith was 11 years Girl swimming champion and Jasmine Duncan became Senior Girl swimming champion. Our school was also named the Champion school for the 11th time in succession.

Thank you
Ms Avgerinos

Community Corner

Focus on reading
Thank you to the wonderful Mrs Therese Gawthorne for another information filled session regarding the Focus on reading program and the New Australian Curriculum. Another parent session is scheduled for next Wednesday 27th March, at 9.00am in the school hall. This workshop will give you some helpful tips for assisting your child at home with reading.

Breakfast club @ GWPS
A continued thank you to Mrs Cimijotta and the lovely SRC students for their assistance in serving breakfast. So far we have served up over 225 bowls of cereal and 20kg of fruit.

WEB Team Year 5 & 6 students only.
Do you have a budding writer, photographer or computer whiz amongst your family? Students in years 5 & 6 have been asked if they’d like to participate in reporting on school activities. A range of duties will include uploading content to the school web site, covering school news & sport stories in words and photos. If this is something your child would like to participate in please encourage your child to leave an expression of interest at the office.

As always – if you want to know more about something, or have ideas on strengthening the partnership between home and school life, please contact me via the office or email me sharon.furness1@det.nsw.edu.au

Sharon Furness
Community Engagement Officer

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Family Fun Day
Thursday
4th April
Rides, Games, Show Bags and much more
$25.00 for a single pass
$60 for family pass
(3 or more children)
Discipline: where do I start?

'Discipline' comes from the ancient phrase 'to disciple', which means 'to make like'. It's about much more than rules, punishment and controlling your child's actions.

Effective discipline aims to give children the guidance they need to grow up safe and healthy and to develop behaviour that allows them to take charge of their own lives - self-confidence, respect and a sense of right and wrong.

Here are some basic principles that can help you develop an effective, positive approach to the thorny issue of discipline.

Build your child's self esteem
Help your child to identify their strengths and to appreciate the things they do well. Give them positive encouragement to build their self esteem. A child who feels respected and worthwhile is less likely to misbehave and will enjoy better relationships with others.

Acknowledge good behaviour
Catch your child being good! Make a habit of encouraging them when they are behaving well or trying to follow your instructions. Get them to reflect on their behaviour and how it affects the people around them. This helps your child to understand the importance of their actions and to take responsibility for their behaviour.

Be clear and consistent
Negotiate rules that all family members contribute to and agree on. Review them together and see if you still need them or if they can be changed. Make sure that any approach you take is sensitive and responsive to the needs and abilities of your child. Don't set them up to fail.

Decide on a discipline plan ahead of time and:
- Make sure that your child understands what the rule is
- Explain why the rule is important, and
- Be clear about the consequences of breaking the rule.

If you set rules, follow them. Be fair and consistent - children lose respect and trust if they think discipline is random, unfair or punitive.

Handle conflict calmly
It's natural for children and young people to test the limits at different times and see how you respond. Having a negotiated discipline plan in place can help take the heat out of a trying situation. Handle conflict calmly and firmly.

Teach by example
Children and young people model what they see. If you want children to develop behaviour that is responsible and respectful towards others, it's crucial that you demonstrate these qualities to your children. If they make a mistake, don't jump in with criticism - give them the support and help they need to do things differently. Contry but true, actions speak louder than words.

Show you care
How you respond to your child's behaviour lies at the centre of a positive approach to discipline.

- Try not to be too strict that your child can't feel your love and good intentions.
- If you discipline your child, talk with them afterwards about how they feel and what they learnt.
- Share fun times together and enjoy each other
- Try to keep your sense of humour.

Some discipline is not ok
Beating, punching or ignoring a child is never acceptable. In NSW it is against the law to use excessive physical punishment against a child. This law applies to parents and to people acting in the place of a parent.

This law says that it is unacceptable to use physical force on:
- Any part of your child's head or neck (unless it is reasonable and...)
- Any other part of your child's body if the harm it causes lasts for more than a short time.

This law is about protecting the child, and preventing physical violence. The United Nations Convention on the Rights of the Child encourages parents to discipline children in ways that do not harm them physically or emotionally.

كانت التأديب بالإجبارية برع أصلها إلى كلمة قديمة مثيرة: 
"نيجلي مشاعلها". وهو مصطلح يشير لوضع القاعد، 
وايقن للاغلب فتح المطول في تصرفات الأطفال.

وإنه يهدف التأديب إلى توجيه الأطفال نحوه الذي 
يجاهدون إلي بكباً، في جوانب وصحبة، ولكن بسلاسة، 
ويتضمن من التدريب في أمور حياتهم - كنمانية وSTATE، 
والاحتياج، والقدرة على التعبير بين الصديق والعائلة.

إذاً، يعكس الحاجة الرئيسية التي تساهم في وضع منهج إيجابي 
للمعاجنة موضع التأديب المدفوع.

نزعة تأديب الأطفال يابسهم

ساهموا أطفالكم على أن يخففوا صادقًا البدوى، وأنا يعرف فين اقتبض تأديبهم 
كانت عميقًا بأنهم أشياء طفيلة صعبه. شجعوا التأديب الإيجابية 
لكنها تكون معناها تأديبهم. حيث أن الأطفال الذين يعبرون أن أطفالهم 
ضاربتهم وقود هذا البالغهم أو أطفال الخردة للنشاطات وهم 
بمتعون معايير طيبة مع الأمور.

اعترفوا بصرفات أطفالكم الطيبة 
لحاظوا على تصرفات طفلك التي يصرف بها أطفالكم، تعودوا على 
التوجيه التأديب في طفلك، أو تطوعون في تدريب حذاء أو بحثاً إعداد 
النشاطات التي تهمهم.

أبسط أطفالكم الوسيلة التفكير في تصرفاتهم والطرق وتاثير هذه 
التي لذة تأديب أطفالهم. هذا يساعد أطفالكم على 
فهم أهمية تصرفاتهم ويساعدهم أيضاً على حمل مسؤولية سلوكهم.

كونوا واضحين مع أطفالكم ولا تفسروا لأطفالكم 
شكاكم معهم إدارة الأسرة. ومن ثم، قادمون تفاهمًا 
على سيرة نشأتهم هذه القاعد، أرجوكم هذا تآثرهم بعده فترة، 
أكيما إذا كان هناك حاجة لاستمرار وجود هذا التأديب أو أنها 
ممكنة للجري.

تذكر أن طريقة التأديب التي تليها أطفالك تأديب أطفالكم، 
وبعضهم بالغ أن يكون على العربية، وبعضهم لا يفهمهم، لا تسمحهم للدائم.

لكن لقلعتما: 

• كأن أطفالهم يفهمون القاعد التي ستبعدها التأديب 
• طالعونهم أمهم وضع عودة التأديب 
• وتحموا العودة التي ستلغى إذا لم يتبعوا هذه القاعد.

إذا وضع هذه القاعد، وكلاً للأطفال. ولا تعبروا 
الأطفال، وقائدة التأديب لذا لما كان التأديب جزءاً من العادات أو 
طريقة غير عادلة أو إذا كان اليوم من الغلاب.

عذروا الأمهات بصدق

من الطريقة أن نحاول الأطفال والشباب أن يكونوا نوراً في 
أي وقت شركته أي كيبة، وكونوا نوراً على خطأ، و تكونهم على رأس 
لكب ورسالة هذه العملية، ببعض مدى المواد السمعية 
عذروا الأمهات بصدق.